



INDIAN MEDICAL ASSOCIATION, TELlichERRY

Monthly Report of Activities for the month of November 2022

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2.MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS	2	558
JDN(Less than 40)		128
SSS I	-	313
SSS II	-	275
SSS III	-	236
PPS	2	318
CGP		36
AMS	-	133
PEPS		10
KHS		347
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		500

3.ACADEMIC ACTIVITIES

a)BRANCH LEVEL

29.11.2022: IMA Thalassery launched the Music Club for the members. Dr.Jayakrishnan Nambiar (President IMA Thalassery) presided the function.Inaguration done by Dr.Vanaja Raghavan.Vote of thanks proposed by Dr.Nadeem Abootty(Secretary IMA Thalassery).



b) SUB FACULTY OF CGP

23.11.2022: IMA CGP CME

IMA Thalassery in association with IMA CGP Thalassery conducted a CME on 23.11.2022 at IMA Hall Thalassery. CME on “Update on Autism spectrum disorder” by Dr.Deepa Menon, Assistant Medical Director, Center for Autism & Related Disorders, Kennedy Krieger Institute, Baltimore,USA. The CME was followed by a lively interaction. Dr. Jayakrishnan Nambiar presided over the meeting.54 members attended the meeting.




c) SUB FACULTY OF AMS


29.11.2022: IMA Thalassery in association with IMA AMS Thalassery conducted Clinical Club Inauguration on 29.11.2022 at IMA Hall Thalassery. Dr.Babu Ravindran T N(Past National Vice President IMA) inaugurated the function. Panel discussion on **Topic Approach to neck swelling was conducted**. The panelists were Dr.T Ramesan, Dr.Varadaraj, Dr.Sanjeev Kumar Dr.Anoop A and Dr.Sithara Aravind presented debate on the subject which was Moderated by Dr.Sandeep Vijay P(Assistant Professor, Department of Surgical Oncology, MCC).The Clinical Club was followed by a lively interaction. Dr. Jayakrishnan Nambiar presided over the meeting. Dr.Nizamudheen C P and Dr.Bithun Balan were elected as the AMS representatives of the branch.70 members attended the meeting.

**INDIAN MEDICAL ASSOCIATION
THALASSERY**
IN ASSOCIATION WITH
IMA AMS THALASSERY CHAPTER
INVITES YOU FOR
CLINICAL CLUB INAUGURATION


On,
29 November 2022
8:00PM-9:00PM


Inauguration

Dr. BABU RAVINBRAM T.N.
Past National Vice President IMA


Topic:
**APPROACH TO NECK
SWELLING**


Moderator

Dr. SANDEEP VIJAY P.
Assistant Professor
Department of Surgical Oncology,
MCC


PANELISTS


Dr. T. RAMESAN
Professor &
Senior Consultant Physician
Kannur Medical College
Kannur


Dr. VARADARAJ
Senior Consultant
Dept. of Radiology
Kannur Medical College
Kannur

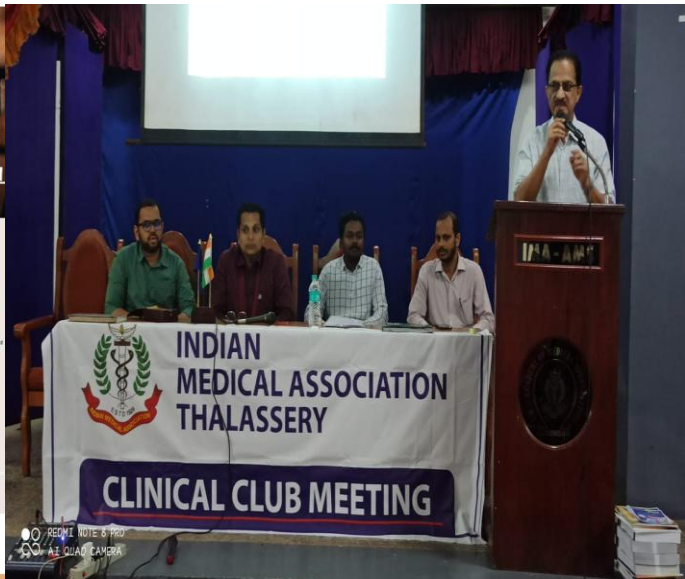

Dr. SANJEEV KUMAR
Consultant Pathologist
Indira Gandhi Hospital


Dr. ANOOP A.
Assistant Professor
Dept. of Surgical Oncology, MCC


Dr. STHARA ARAVIND
Additional Professor
Division of Oncopathology, MCC

Meeting will be followed by IMA Thalassery MUSIC CLUB Launch
(9:00pm-9:30pm)

PRESIDENT Dr. Jayakrishnan Nambiar
INALMS CHAIRMAN Dr. Nissamudheen
SECRETARY Dr. Nadeem Aboody
IMA AMS SECRETARY Dr. Bithan Balan
TREASURER Dr. Sreejith V



d) SPECIAL TRAINING PROGRAMME

05.11.2022: One day workshop for parents

IMA Thalassery and IAP Thalassery conducted a One day workshop for parents at IMA Hall Thalassery. Dr. Jayakrishnan Nambiar, President, IMA Thalassery presided the function. Dr. Santosh M K, Past President, IAP Kerala inaugurated the function. Dr.Sakkariya P P (President IAP Thalassery) and Dr.Geetha Govindraj. (Professor, School of Family Health Studies, Kozhikode) delivered felicitation speech. Vote of thanks proposed by Dr Shyam K, Secretary, IAP Thalassery.



12.11.2022: Palliative Care Volunteers Training

Palliative Care Volunteers Training by our Volunteer Mr.Abdul Rahman Kolathayi on 12.11.2022 at Muthuvana Madrasa.



29.11.2022: One day workshop for parents of Specially Abled Children

IMA Thalassery in association with JCI Special School conducted one day workshop for parents of Specially Abled Children. Dr. Sajeev Kumar PB (Senior Psychiatrist, Thalassery) and Smt. Geetha, Principal Ashraya SP School conducted parenting Management Training Class for parents.



4. ORGANIZATIONAL ACTIVITIES

1). GENERAL BODY

23.11.2022: General Body Meeting

General Body Meeting was held at IMA Thalassery on 23.11.22. Dr. C K Jayakrishnan Nambiar (President IMA Thalassery) welcomed the gathering. 64 members attended the meeting. Vote of thanks proposed by Dr. Nadeem Abootty (Secretary IMA Thalassery).



2) EXECUTIVE COMMITTEE MEETINGS

9.11.2022: Executive Committee

Executive Committee Meeting on 09.11.2022. Dr. Jayakrishnan Nambiar (President IMA Thalassery) welcomed the gathering. 50 members attended the meeting. Vote of thanks was proposed by Dr. Nadeem Abootty (Secretary IMA Thalassery).



3. REGISTRATION IN STATE ANNUAL CONFERENCE

12.11.2022: State Conference

25 members from IMA Thalassery attended IMA State Conference “IMACON 2022” held at Kunnamkulam. IMA Thalassery bagged the following awards which were declared at the venue.

1. Dr Pareed Pillai trophy for 2nd Best Branch in the state.
2. Dr Thomas Vaidyan award for Best Branch President in the state-Dr Mini
3. WDW best Branch
- 4.Nammude Arogyam Appreciation Award -Best Branch
- 5.WDW best President Dr Suchitra
- 6.WDW Best Secretary Dr Geetha
- 7.MPH -best Branch
- 8.KHS-Best Branch
- 9.Dr Aravind, -Young Doctor Award
- 10.AMS- Second best award in state
- 11.PCS- Second best Branch
- 12.AMS Chairman Dr K Sasidharan Appreciation award for being selected as best Branch in the country.
- 13.Dr Surendrababu-North zone Vice President Appreciation award
- 14.Dr Rajeev Nambiar-Patient care Scheme Appreciation award
- 15.Dr Shaji -Sports committee Appreciation award
- 16.Dr Pushparaj ELS Appreciation award
- 17.Dr.Mini Balakrishnan-President appreciation award for MPH
- 18.Dr P Gopeenathan-Membership Promotion Committee Appreciation award





4. REGISTRATION IN NATIONAL CONFERENCE

05.11.2022: National IMA AMS CONFERENCE"AMSCON 2022"

Dr.K.Sasidharan,Chairman IMA AMS Kerala State and Dr Aravind C Nambiar (Secretary IMA Thalassery 2021-22) attended the National IMA AMS CONFERENCE"AMSCON 2022" held at Kolkata on 12-13 November 2022. Dr Aravind C Nambiar received the award for the Best branch from IMA National President Dr Sahajanand Prasad Singh at the venue. Dr K Sasidharan and Dr Lalit Sundaram ,Chairman and Secretary of IMA AMS Kerala state branch received the award for best State AMS award from IMA National President.



5. WOMEN DOCTORS WING ACTIVITIES

20.11.2022: WDW Thalassery conducted a Floral Centrepiece Workshop for WDW members at Hrudhya Academy, 2nd floor, Opp.Mubarak High School, Thalassery.



23.11.2022:WDW Meeting

WDW Executive Committee meeting at IMA Hall Thalassery. Dr.Geetha M (Chairperson WDW) presided the function. Vote of thanks proposed by Dr.Suja Ajith(Secretary WDW Thalassery).



6. MEETING ON CURRENT ISSUES

Advisory body internal meeting conducted to discuss issues pertaining to alleged medical negligence in Thalassery Govt Hospital. Various aspects of the issues were discussed and decided to wait till primary enquiry report from the government is released. Senior leaders advised give full support to the doctor visiting him. Press release regarding the same was deferred for time being.

7.ACTION AGAINST VIOLENCE ON DOCTORS

President and Secretary after consulting with senior members visited the alleged doctor who sustained media attack on him regarding Thalassery General Hospital Orthopedic Surgery related issues. IMA Thalassery assured full support to the doctor regarding

the same issue and to give legal support with help of IMA PPS in case if need arises.

5.SOCIAL ACTIVITIES

FIRST AID CLASS & BLS TRAINING

06.11.2022: BLS and First AID Training Session

IMA Thalassery conducted an BLS and first aid training session at MES School Thalassery. Class was taken by Dr Shameel Usman(IMA Thalassery ELS resource person).200 students along with staffs actively participated .



26.11.2022: IMA Thalassery and Kannur Medical College Anjarakandy jointly conducted BLS Training for JRC students (Anjarakandy Higher Secondary School) at Kannur Medical College,Anjarakandy. Dr.Anand conducting the session.



MEDICAL CAMPS

02.11.2022: Fibro scan test

Dr.Sandeep Narayanan conducted a Free Fibroscan Test Camp at Tellicherry Co-operative Hospital.

തലശ്ശേരി കോ-ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റൽ

സൗജന്യ കരൾരോഗ നിർണ്ണയ ക്യാമ്പ്

തോണ്ട് ആൽക്കഹോളിക് ലിവർ ലിവാർ ഡീസീസും മറ്റ് കരൾരോഗങ്ങളും നിർണ്ണയിക്കുന്നതിനായുള്ള

രഹിതമായ സൗകര്യം

തലശ്ശേരി കോ-ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റലിലെ പ്രമുഖ യുവാമ്പട്ടോ ഫുൽടൈമിംഗ് ഡോ. സന്ദീപ് നാരായണന്റെ തേജസ്സിൽ നടത്തപ്പെടുന്നു.

ഈ സൗകര്യം വികാശിത വേദനാഹിതവും തോണ്ട് ഇൻവേസിവുമാണ്

02 നവംബർ 2022 ബുധൻ
രാവിലെ 9.30 മുതൽ ഉച്ചയ്ക്ക് 12.00 മണി വരെ

മുൻകൂട്ടി രജിസ്ട്രേഷൻ നിർബന്ധം

24 വർഷമേ യോഗ്യതാ സേവനം ലഭിക്കൂ

തലശ്ശേരി കോ-ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റൽ
www.tchthalassery.com

For Booking & Enquiry:
0490 2340000
7594 87 00 03

13.11.2022: Free Ortho Camp

Free Ortho Camp at Thalassery Mission Hospital .Dr.Jayakrishnan Nambiar (President IMA Thalassery)presided the function. Dr.George M D examined the patients.



20.11.2022: Free Mega Medical Camp

IMA Thalassery, Heed N Heal Clinic, Kannur Medical College and Mizhi Eye Care Hospital together conducted free mega medical camp for Residents of Temple Gate, Kallayi Thru, Thiruvangad, Saidar palli and Weavers Ward of Thalassery Municipality on 20.11.2022 at Mubarak HSS from 8.00am to 1.00pm. Dr. Jayakrishnan Nambiar (President IMA Thalassery) presided over the function. Dr. Nadeem Abootty (Secretary IMA Thalassery) welcomed the gathering. Smt. Jamuna Rani (Chairperson Thalassery Municipality) Chief Guest of the function. Sri. Nithin Raj, IPS (ASP Thalassery) inaugurated the Function. Dr. Nadeem Abootty, Dr. Adnan Siddeek, Dr. Sijad, Dr. Vinayak, Dr. Yahiya, Dr. Nitanjan, Dr. Nijun, Dr. Sajini P, Dr. C O T Musthafa, Dr. Rejeena, Dr. Soumya and Dr. Sruthy examined the patients and Salafi Medical Centre distributed free medicines to all the patients attended. More than 400 patients attended the camp.



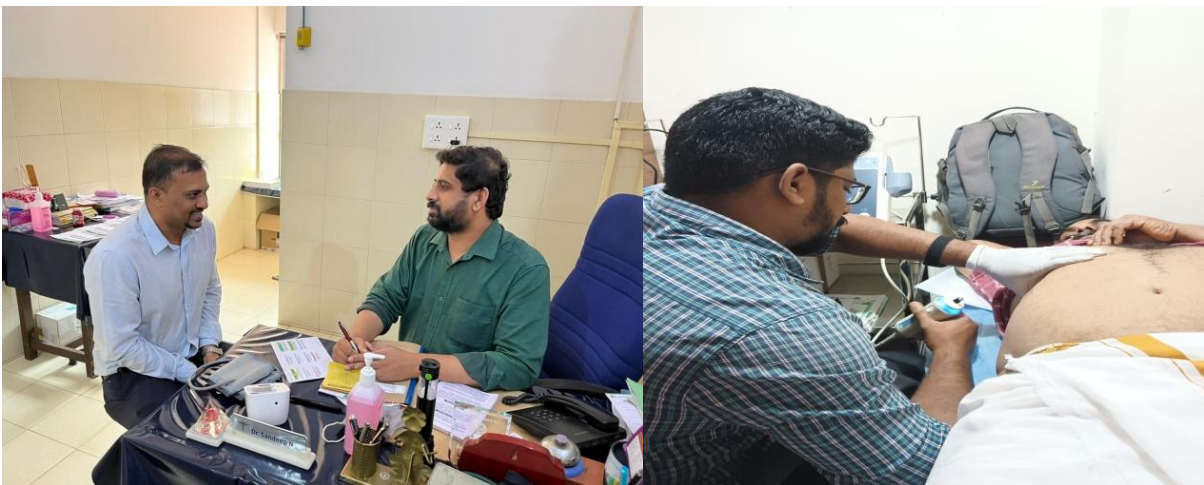


20.11.2022: IMA Thalassery and Kuthuparamba Co-op Hospital conducted Free Medical Camp at Kuthuparamba Co-op Hospital. Dr.Ajith Kumar K N (Consultant Physician,Thalassery) examined the patients.Free medicines were distributed.



24.11.2022: Fibroscan Test Camp

Dr.Sandeep Narayanan conducted a Free Fibroscan Test Camp at Tellicherry Co-operative Hospital.



3. HEALTH EDUCATION CLASSES

10.11.2022: Adolescent Reproductive Health Session

Adolescent Reproductive Health Session at Kolakkad Santhome HSS. Class was taken by Dr.Suchitra Sudhir.200 students attended the class.



17.11.2022: Reproductive Health class for students

Reproductive Health class for students Chirakkara Higher Secondary School. Class by Dr.Suja Ajith(Secretary WDW Thalassery).100 students actively participated.



18.11.2022: Class on Adolescent Health

Class on Adolescent Health by Dr.Suja Ajith(Secretary WDW Thalassery) for Plus One Boys at Chirakkara HSS on 18.11.2022.



18.11.2022: Malabar Cancer Care Society arranged a Cervical Cancer Awareness programme for the students about Cervical Cancer. Dr. Mini Balakrishnan and Dr. Suchitra Sudhir participated.



18.11.2022: Beach walk for awareness regarding Cervical Cancer conducted at Payyambalam Beach, Kannur.



18.11.2022: Cervical Cancer Awareness session by Dr. Mini Balakrishnan for the cleaning staff at Thalassery Co-operative Hospital. 60 cleaning staff attended the class.



19.11.2022: IMA Thalassery conducted a Adolescent Awareness Session at Aaralam .Class was taken by Dr.Gopeenathan.60 Students attended the class.



19.11.2022: Awareness class on Menstrual Cup & Menstrual Hygiene

IMA Thalassery conducted awareness class on Menstrual Cup & Menstrual Hygiene to Anganwadi workers, Asha workers and public on 19.11.2022 by Dr.Suja Ajith at L P School Kayyath Road.



4.INVOLVEMENT IN NATIONAL HEALTH PROGRAMMES

All National Health days were observed .

World Diabetes Day, Childrens Day,National Epilepsy Day,World COPD Day and International day for the Elimination of Violence Against Women

5.COMMUNITY DEVELOPMENT PROGRAMMES

Dr.Jayakrishnan Nambiar(President IMA Thalassery) sponsored dinner for the Childrens Day Celebration both at Boys and Girls Child Care Home.



Free medicines worth Rs. 50,000/- donated to Salafi Medicare (Charity medical store) as a part of World Diabetes Day Celebration . Medicines handed over to Mr.Moidu (In charge Salafi Medicals) by Dr.Jayakrishnan Nambiar(President IMA Thalassery) and Dr.Nadeem Aboutty(Secretary IMA Thalassery).



6.NAMMUDE AROGYAM SUBSCRIPTION

Thalassery IMA has been the subscriber for Nammude Arogyam. 500 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

18.11.2022:Copies of IMA Nammude Arogyam Magazine distributed to the staff and students of Thiruvangad HSS. Dr.Mini Balakrishnan attended the function.



6.OBSERVATION OF IMPORTANT DAYS

01.11.2022: Keralapiravi day celebration

Dr.Mini Balakrishnan took part in the All India Malayalee Association Keralapiravi day celebration and took part in the Bhasha Pledge.

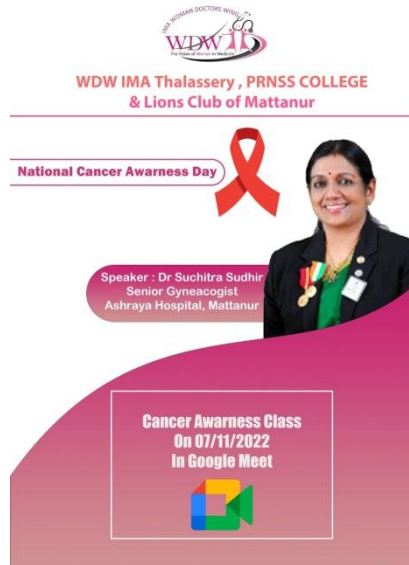


07.11.2022: National Cancer Awareness Day

National Cancer Awareness Day programme at General Hospital,Thalassery. Dr.Suja Ajith (Secretary WDW Thalassery) presided the function. Class was taken by Dr.Sandeep(Oncologist).



Cancer awareness class at PRNSS College, Mattannur on Zoom Platform by Dr.Suchitra Sudhir (Senior Gynaecologist, Ashraya Hospital, Mattannur). Around 200 students attended.



11.11.2022: National Filaria Day

National Filaria Day programme at PHC Dharmadam. Class was taken by Dr.Dhanya Chandran.



14.11.2022: World Diabetes Day

IMA Thalassery conducted a Diabetic Awareness Class at FHC Kadirur. Class was taken by Dr.Sreeja Viswan.



IMA Thalassery conducted a World Diabetes Day programme at PHC Kolassery. Class on Prevention of Diabetes by Dr.Vidya. 40 patients attended the programme.



As a part of World Diabetes Day, a Health walk was conducted at FHC Anjarakandy. Our members Dr.Arunima and Dr.Volga took part .It was also attended by Panchayath President Sri.K P Lohithakshan,Panchayath members, school teachers, Asha Workers , NCC and students police cadets.



As a part of World Diabetes Day, Zuma work out and life style disease detection camp was also conducted at FHC Anjarakandy. Supervised by Dr.Arunima and Dr.Volga.



IMA Thalassery conducted a Free Diabetes Detection Camp at Tellicherry Co-operative Hospital. Dr.Jayakrishnan Nambiar presided the function.200 patients attende the camp.



IMA Thalassery conducted a Diabetes day class and diet exhibition at PHC Chokli. Class by Dr.Amrita Bejoy.



IMA Thalassery conducted a World Diabetes Day Programme at PHC Dharmadam. Class was taken by Dr.Dhanya.35 patients attended the programme.



An article on Diabetes written by Dr.Vasudevan P P(Senior Physician,Thalassery) got published in Asianet News online portal.

World Diabetes Day 2022.
പ്രമേഹത്തെ നിയന്ത്രിക്കാം;
പക്ഷെ അതിന് ചില
കാര്യങ്ങളറിഞ്ഞിരിക്കണം...

ജീവിതശൈലി രോഗങ്ങളിൽ പ്രധാനമായി എണ്ണുന്ന പ്രമേഹത്തെ കൃത്യമായി മനസ്സിലാക്കാൻ ശ്രമിക്കുകയും അതേക്കുറിച്ചുള്ള അറിവുകൾ പരമാവധി ജനങ്ങളിലേക്ക് എത്തിക്കാൻ ശ്രമിക്കുകയുമാണ് നമുക്ക് ചെയ്യാനുള്ളത്.



ഡോ. പി.പി. വസുദേവൻ എഴുതുന്നു...

Web Team
First Published Nov 14, 2022,
2:29 PM IST



Awareness class on Diabetes and inauguration of Free Diabetes clinic by Dr.T Ramesan(Senior Diabetologist) at Ashraya Hospital,Mattannur.



14.11.2022: Childrens Day Celebration

As part of Childrens Day, Dr.Jayakrishnan Nambiar (President IMA Thalassery) and family visited Child Care Home,Chirakkara, Thalassery and donated sports equipments, study materials and other requirements raised by the authorities were also met.



IMA Thalassery in association with Small Wonders Early Intervention Clinic and Autism Centre conducted Parenting Management Training for parents of Children with Autism on part of Childrens Day. Function inaugurated by Dr.Mini Balakrishnan. Awareness Class by Dr.Sajeev Kumar P B.



16.11.2022: World COPD Day

IMA Thalassery conducted a World COPD Day programme at District TB Centre Kannur. Class was taken by Dr.Rejna Dilnath.



IMA Thalassery conducted a World COPD Day programme at BKJM Nursing College, Thalassery. Class was taken by Dr. Akhil (Consultant Pulmonologist, Josgiri Hospital)

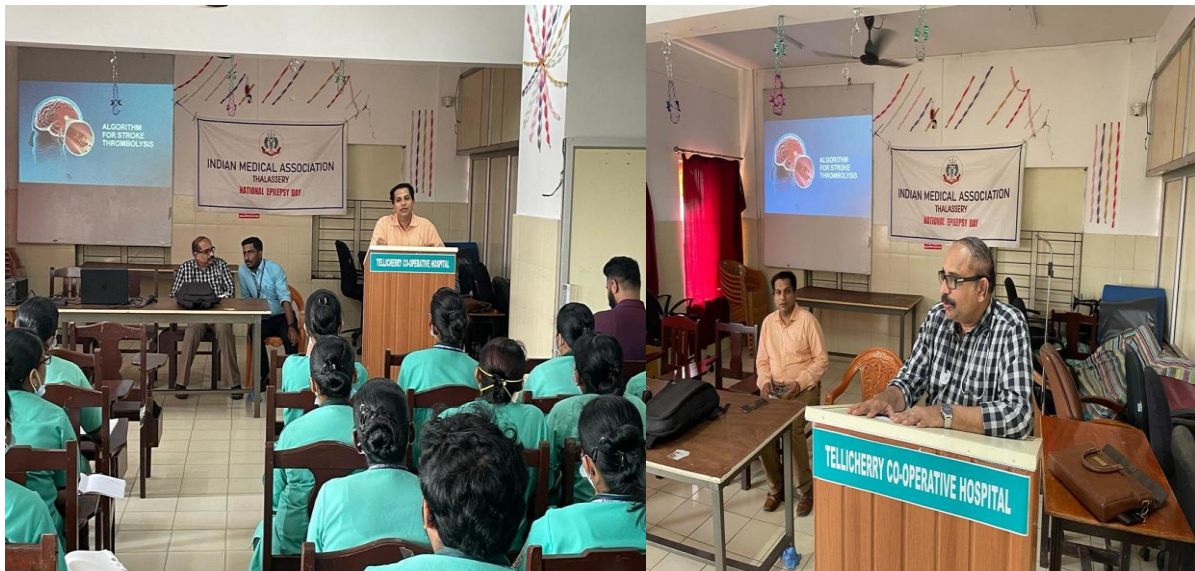


World COPD Day at District Chest Centre Kannur, class for nursing students, spirometry camp, PT Screening and awareness. Dr.Rejna Dilnath examined the patients.



17.11.2022: National Epilepsy Day

As a part of National Epilepsy Day, IMA Thalassery conducted a programme at Tellicherry Co-OP Hospital. Dr.Jayakrishnan Nambiar(President IMA Thalassery) Presided the function. Class was taken by Dr.Rajeev Nambiar(Senior Consultant Neurologist,Tellicherry Co-op Hospital. 60 staff attended the class.



19.11.2022: World Antimicrobial Awareness Week 2022-

Dr.Arjun gave a talk on Antibiotic resistance, role of health care workers and public at General Hospital,Thalassery. . Dr.Suja Ajith (WDW Secretary) presided the function.



As a part of World Antimicrobial Awareness Week 2022 ,Dr.Maya Jithin gave a talk on “How to escalate antibiotics in pediatrics” at General Hospital,Thalassery.



19.11.2022: Dr.Suja enlightened the public in video presentation of General Hospital Thalassery for antimicrobial resistance week observation.



23.11.2022: Poster Competition as part of Antimicrobial resistance in general hospital Thalassery on 23.11.2022. Dr. Suja Ajith (Secretary WDW Thalassery) as judge for poster completion.



23.11.2022: World Antimicrobial Awareness Programme Inaugurated by Dr.Santhosh Dy.Suptd.'Judicious use of antibiotics in pregnancy' Topic presented by Dr.Sreedevi (Gynaecologist).Dr .Suja addresses the programme. Welcome speech by Vigish kumar, Jr HI . programme presided by Mini (Sno). Vote of thanks PHN Sreelatha.



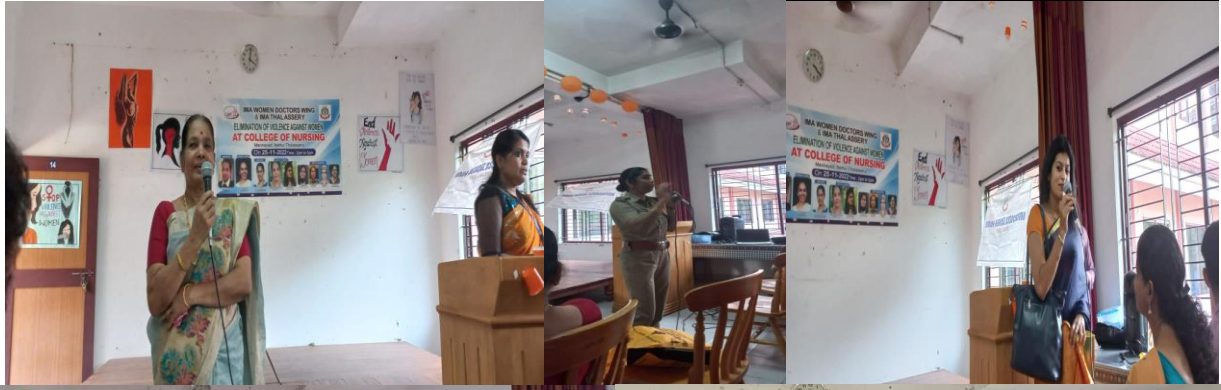
24.11.2022: 'World Antimicrobial Resistance Week celebration ' valedictory function held at General Hospital,Thalassery. Prize Distribution for winners of Poster Competition was held by Dr.Suja Ajith(WDW Secretary).



25.11.2022: International Day for the Elimination of Violence Against Women

Elimination of violence against women at College of Nursing, Mannayad, Nettur, Thalassery. Welcome address by Dr.Suja Ajith(Secretary WDW Thalassery). Function was presided over by Dr.Geetha Mekkoth(Chairperson WDW Thalassery). Inaugurated by Dr.Jayakrishnan Nambiar(President IMA Thalassery). Mrs.Vineetha V(Sub Judge, Deputy Registrar Kerala Administrative Tribunal) Chief Guest of the function delivered keynote address. Padmasree Meenakshi Amma(Kadathanad Kalari) and Dr.Shali Renjith(Runnerup Kerala Mrs.Kerala) the guest of honours were introduced by Dr.Mini Balakrishnan(IPP IMA Thalassery). Dr.Swapna Jose, Shemi Mol, Dr.Swapna M V and Sukhanya delivered classes on the subject of Elimination of violence against women. Cultural programme conducted by Nursing Students at Nursing College, Thalassery. Vote of thanks by Dr.Priya (Treasurer WDW Thalassery).





25.11.2022: Elimination of violence against women at FHC Muzhapilangad. Dr. Sreeja Viswan, Dr. Dhanya and Adv. Jagada Bai were delivered classes on the subject of Elimination of violence against women



7. SPECIAL PROJECTS OF THE BRANCH

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

02.11.2022: IMA Pain and Palliative Clinic

IMA Pain & Palliative Care Society, Thalassery regularly conducted Free Palliative Clinic at General Hospital on every Wednesday. Dr. Pushparaj, Dr. Vanaja Raghavan, Dr. T. Ramesan examined the patients. Free medicines were distributed. Regular Home care was done under Pain and Palliative Clinic.



ACTIVITY REPORT OF IMA PAIN & PALLIATIVE CARE SOCIETY, THALASSERY

Pain and Palliative November Reports

1. NUMBER OF NURSES HOME CARE CONDUCTED... 9 On all Wednesday's & Saturday's
2. NUMBER OF VOLUNTEERS HOME CARE... 9
3. NUMBER OF NURSES HOME CARE PATENT.. 36
4. NUMBER OF VOLUNTEERS HOME CARE PATENTS. 36
5. NUMBER OF OUT PATIENT (OP) CONDUCTED 4 (ON ALL WEDNESDAY'S)
6. NUMBER OF OP PATENTS ATTENDED... 117
7. NUMBER OF CANCER PATENTS.. 85
8. NUMBER OF WOUND CARE PATENTS.. 5
9. NUMBER OF CATHETER PATENTS.. 17
10. NUMBER OF DEATH CASE... 10
11. NUMBER OF MORPHINE PATENT'S... 80

12. NUMBER OF VOLUNTEERS PARTICIPATED IN THE HOME VISIT.4

13. NUMBER OF NEW CASE....25

TIDA PROJECT

Tellicherry IMA Doctors Alliance report

Healers Heaven residential project is going on as per schedule. 18+2 storeyed building , 4 th floor completed. Convention center and Club building work started . Liaison work for mandatory permissions to be taken from government agencies initiated.

Marketing process going on. Tida members periodically join meeting and super the work regularly.

Don't Do Drugs

Year long mission of IMATellicherry

One of the most terrifying menaces faced by the present world is drug abuse. Drug abuse refers to reckless usage of psychoactive drugs as recreational substances, consumed for pleasure .There are various mediums through which Drugs are consumed, like smoking, oral ingestion, inhalation, injection, etc.

All these drugs have tremendous side effects, which can later give rise to several diseases. Drug abuse affects one's stability of mind, inflicting mood swings and later psychological and physical addiction, leading to physical, emotional, job-related and other social problems. The statistics of drug abuse is frightening everywhere. Each year, drug abuse is directly and indirectly responsible for 11.8 million deaths all over the world. The number of drug related maladies are much more than this. Thus drug abuse can turn out to be a very scary affliction for the entire humankind.

In our state, the available data is alarming. Drug abuse among youngsters and even school children are being reported with a day by day increase. Government has come up with strict rules and regulations against drug abuse and distribution, which are being over

thrown in many instances. Hence it becomes everyone's duty as responsible citizens, not to misuse the drugs and to involve in anti-drug campaigns.

As an association vouched to the comprehensive well being of the society, IMAThالassery has decided to conduct a year long mission to fight against drug abuse, with a catchline 'Don't do drugs' .

The general plan is to spread awareness by conducting classes, audiovisual demonstrations and advice sessions all over our territory by experts from medical field and others like educationists, sports persons, excise & police officials, lawyers, screen celebrities and opinion makers.

Moreover, IMA plans to involve in preventive and treatment aspects of the problem also. Such programs will address not only the drug abuse behavior itself, but also the relevant cultural, ethnic, regional, environmental and bio –psycho-social aspects of various population segments.

By embracing such an ambitious program, IMA Tellicherry expects to gradually bring about a drug free society around us. While envisaging this dream project, IMA expects honest support and truthful cooperation of responsible citizens from all sections of the society.

Please be with us in this noble pursuit...

Programs will be reported as and when they are conducted.

01.11.2022: Drug abuse campaign

Dr.Mini Balakrishnan was an invited guest in the Drug abuse campaign organized by Thalassery Municipality. Around 5000 students from various schools of Thalassery participated. Programme was inaugurated by Thalassery ASP Nithin Raj IPS. Vazhayil Sasi(Vice Chairman,Thalassery Municipality), Sri.Suresh (Retd.Joint Excise Commissioner),Major P Govindan (Brexal General Secretary), Sri.Anil (Inspector of Police) and **Dr.Mini Balakrishnan(IMA Past President)** addressed the gathering.



Big canvas painting was done against substance abuse at Municipal Stadium on the occasion of drug abuse campaign. Dr. Mini Balakrishnan attended the event .



11.11.2022: Awareness class on Drug Abuse and Sex Education

Awareness class on Drug Abuse and Sex Education at VHSS Chirakkara. Dr. Jayakrishnan Nambiar inaugurated the function. Class was taken by Dr. Reshmi Ramesan (Consultant Psychiatrist). 300 students attended the class.





MISSION PINK HEALTH

All the Mission Pink Health activities are going on and has been reported to the Mission Pink Health Chairperson.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited. 23 members of our branch have joined.

Sports Wing

19.11.2022: Cricket Tournament

Dr. Jayakrishnan Nambiar inaugurated IMA Kannur Branch First Annual Sports meet Cricket Tournament at Pallikunnu Kannur.



27.11.2022: KANNUR IMA conducted a Doctor's Badminton League Championship at Dream Badminton Arena Indoor Stadium, Kakkad. THALASSERY IMA member's Dr PUSHPARAJ S R & DR SANDEEP T K were the Runner's up in Men's Doubles & DR PUSHPARAJ & DR LATHA were the Runner's up in Mixed Doubles.

It was a well conducted tournament with more than 12 teams participating in that Championship.

Mixed doubles winners - Dr Mithunlal and Dr Anju
Mixed doubles runner-up - Dr Pushparaj and Dr Latha
Mens doubles winner - Dr Justin and Dr Gopikrishnan.
Mens doubles runner-up - Dr Pushparaj and Dr Sandeep
Semi finalist - Dr Jimmy and Dr Mithunlal
Dr Surag and Dr Sunil



IMA & Media

16.11.2022: Press Conference

Press Conference for Mega Medical Camp as a part of World Diabetes Day observation on 20th was organized at Thalassery Press Forum. Details regarding the upcoming programme was briefed by Dr.Nadeem Abootty (Secretary,IMA Thalassery).



18.11.2022: Dr.Hanish Haneefa gave an awareness class on Kannur News Channel regarding Nose and Snoring.



Article

An article on Diabetes written by Dr.Vasudevan P P(Senior Physician,Thalassery) got published in Asianet News online portal.

World Diabetes Day 2022.

പ്രമേഹത്തെ നിയന്ത്രിക്കാം;
പക്ഷെ അതിന് ചില
കാര്യങ്ങളറിഞ്ഞിരിക്കണം...

ജീവിതശൈലി രോഗങ്ങളിൽ പ്രധാനമായി എണ്ണുന്ന പ്രമേഹത്തെ കൃത്യമായി മനസ്സിലാക്കാൻ ശ്രമിക്കുകയും അതേക്കുറിച്ചുള്ള അറിവുകൾ പരമാവധി ജനങ്ങളിലേക്ക് എത്തിക്കാൻ ശ്രമിക്കുകയുമാണ് നമുക്ക് ചെയ്യാനുള്ളത്.



Web Team
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PUBLIC FUNCTIONS & SOCIAL INVOLVEMENT

02.11.2022: Pan India Legal Awareness Program at Sub Jail

Pan India Legal Awareness Program at Sub Jail was inaugurated by Dr Jayakrishnan Nambiar(President IMA Thalassery). The function was presided by Judge Mrs Lincy on 2.10.11.



Dr.Suja Ajith (Secretary WDW) Performing classical music at Mridanga Shyleshwari Temple.



21.11.2022: Press Forum Thalassery, E K Nayanar Smaraka Library, Rovers Football Academy and IMA Thalassery conducted a campaign under the name and style “From addiction to Football addiction” held Near Kadalpaalam port office on 21.11.2022 at 4.30pm .Dr.Jayakrishnan Nambiar(President IMA) participated in the shoot out programme and kicked off the Football and also held participated in Cake Cutting programme.



28.11.2022: Dr.Jayakrishnan Nambiar (President IMA Thalassery)was invited as the Special Guest of Perfect Car and Bike Wash, inauguration Thalassery , he attended the function and delivered speech.



